



Why wait for the care you need now?



Did you know there's a convenient and affordable healthcare alternative? With Teladoc®, you can be connected with a licensed physician in minutes, not hours or days like you would at the ER, urgent care or with your PCP. And, you can get care from wherever you are: home, office or traveling.

## THE NEXT TIME YOU'RE SICK, CONSIDER YOUR OPTIONS:

## VS. **TELADOC ER OR URGENT CARE** Request a consult Drive to the nearest from work or home office while sick A doctor calls you Wait hours before back in minutes seeing the doctor Get the care you need Pay high ER and at a price you can afford urgent care fees

### **COMMON ISSUES TELADOC DOCTORS TREAT INCLUDE:**

- Respiratory Infection
- Allergies
- Bronchitis
- Cold and Flu Symptoms
- Skin Problems
- Sinus Problems
- And More!

#### **GET THE CARE YOU NEED**

Teladoc doctors are available 24/7/365 to provide quality care for non-emergency health issues through the convenience of phone or video consults.

## Talk to a doctor anytime!



Teladoc.com



(2) 1-800-Teladoc (835-2362)





# Getting Started With **TELADOC**.



Healthier should always be within reach

You are automatically enrolled in the program, and coverage is effective the day your trip starts. If you need to schedule an appointment, follow the instructions below.

If you attempt to access the Teladoc portal before your trip begins, you will not have access.

#### STEP 1

• Go to www.teladochealth.com or download the app.

### STEP 2

Click on "Register Now" on the upper right-hand corner of the screen. Enter the following:

- First and last name, as it appears on your ID card
- Complete date of birth
- Email
- Destination Country
- Gender
- Zip code: 46208 (The zip code must be 46208 only when creating your account. This allows the IMG option to pop up so you can select your health plan.)
- Do not check the box that says you received a code from your employer or insurance company. Click next.

## STEP 3

Confirm your account

• The screen will auto-populate with your selected plan. Click next.

## STEP 4

Add account details

- Create a username and password
- Enter your information
  - » (You will not be able to change this address on this screen. You will be able to change your address once you create an account and login for the first time.)
- Secure your account and provide security questions and answers
- Complete contact information under Visit Preferences
- Complete registration

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Visit Teleddoc.com or call 1-800-Teledoc (835-2362) to start your free consultation today!

Phone: +1.317.655.4500 | Fax: +1.317.655.4505 | Email: insurance@imglobal.com